

TACONDRA L. BROWN BIOGRAPHY

Tacondra L. Brown is a transformational leader, creative, and mental health advocate who helps women embrace identity, authenticity, and wholeness. Reserved yet real, she carries a unique blend of wisdom, creativity, and down-to-earth presence that makes her both relatable and impactful. She is a wife of over 20 years, a mother, an author, artist, singer-songwriter, and spiritual life guide. But beyond the roles, tags, and titles, Tacondra is a whole woman on a journey, just like those she empowers.

At 18, after giving birth to her daughter, Tacondra underwent a hysterectomy that left her believing she had lost her ability to carry, create, and contribute. *Barren* became the identity she carried—until a divine whisper reminded her: “*You are not barren. You are bearing.*” Though unable to birth again physically, she held onto the promise that she would birth much and many spiritually—visions, movements, and women. That moment of truth became the foundation of her mission.

Academically and professionally equipped, Tacondra holds a Bachelor’s degree in Psychology with a concentration in Professional Life, Leadership, and Marriage Coaching from Liberty University in 2013. She is actively pursuing her Master’s degree and licensure as a Clinical Mental Health Counselor at Walden University, integrating her lived experiences with professional training to support women in both practical and transformative ways. In addition, she is a Licensed Insurance Specialist, Claims Adjuster, and Notary—credentials that highlight her versatility and ability to meet women at the intersection of identity, leadership, healing, and legacy-building.

Today, Tacondra channels her creative and spiritual gifts through writing, music, mentoring, speaking, and consulting to serve high-achieving women who long to heal, reconnect with their identity, and live radiant, purposeful lives. Yet her greatest achievement remains the life behind the titles: being a

loyal wife and supportive mother who loves deeply while leading from her roots.

Now, as a transformational guide and creative force, Tacondra helps high-achieving women get to the root of their identity, to unbecome performance and who they had to be, to rest deeply, rise whole, and radiate in their God-given purpose. Her journey, marked by loss, setbacks, self-doubt, and profound self-discovery, gives her the ability to connect deeply with others. Having overcome the pressure to perform, people-pleasing, and feelings of inadequacy, she now helps women reclaim their worth, align their lives and brands with who they truly are, and flourish from the inside out.

Like a tree planted by living waters, Tacondra believes every woman has the resilience to grow, stand tall, and thrive no matter the storms she faces. For her, the work is not about chasing applause or status, it's about impact, authenticity, and legacy. Whether through writing, speaking, music, mentoring, or hosting transformative experiences, she is anchored in helping women become from within, so that their transformation radiates outward into lives, brands, and communities that reflect wholeness and purpose.